

**CURRICULUM VITAE
CECILY REBER, M.A.**

Office Address

PGSP-Stanford Psy.D. Consortium
1791 Arastradero Rd.
Palo Alto, CA 94304
Crpsyd@Stanford.edu (e-mail)

EDUCATIONAL HISTORY

- 2009 – Present** **Student, PGSP-Stanford Psy.D. Consortium, Palo Alto, CA**
Doctor of Psychology (Psy.D.), Clinical Psychology (APA-Accredited)
 Degree Anticipated: June 2014
Advisor: Dr. Bruce Arnow, Ph.D.
- 2007 – 2008** **Teachers College, Columbia University, New York, NY**
Master of Arts (M.A.), Clinical Psychology
Advisor: Dr. George Bonanno, Ph.D.
- 2002 – 2006** **University of California – Santa Cruz, Santa Cruz, CA**
Bachelor of Arts (B.A.) in Psychology (Honors)
Bachelor of Arts (B.A.) in Women’s Studies (Honors)
Minor in Legal Studies

PROFESSIONAL AFFILIATIONS

- 2011 – Present** American Psychological Association, Society for the
 Psychological Study of Ethnic Minority Issues (Division 45)
- 2010 – Present** Western Psychological Association (WPA)
- 2010 – Present** Santa Clara County Psychological Association (SCCPA)
- 2009 – Present** International Society for Traumatic Stress Studies (ISTSS)
- 2007 – Present** American Psychological Association of Graduate Students (APAGS)

HONORS & AWARDS

- 2011 -2012** APA Minority Fellowship Program (MFP) - \$21,600
- 2011** Students for Ethnic and Cultural Awareness (SECA) Travel Award - \$300
- 2011** Palo Alto University Student Travel Award - \$250
- 2010** Palo Alto University Student Travel Award - \$250
- 2007** MetLife Foundation Education Award - \$5,000
- 2005 – 2006** Psi Chi National Honor Society in Psychology
- 2006** Honors in both Psychology and Women’s Studies undergraduate majors
- 2005** University of California in the District of Columbia (UCDC) Scholar
 Department of Justice, Civil Rights Division, Voting Section

UNIVERSITY AND DEPARTMENTAL COMMITTEES

- 2011** Asian Pacific American Psychological Student Association (APASA)
Student member
- 2009 – 2010** PGSP-Stanford Psy.D. Consortium
Student Council Representative, Co-chair of Social Events Committee
- 2010** Mentor and event organizer for incoming Psy.D. Consortium graduate students

CLINICAL ACTIVITIES

- 08/11 – Present** **San Francisco Veteran’s Affairs Medical Center (SFVAMC) – Mood Disorders Psychotherapy Program, San Francisco, CA**
Graduate Practicum Student
- Provide video recorded individual and group evidence-based treatments including CBT, CBT-I, MBCT, CPT, DBT, and IRT to veterans with mood, anxiety, psychotic, and co-occurring disorders.
 - Create case formulations of clients in both individual and group settings.
 - Participate in a weekly didactic CBT seminar.
 - Supervisor: John McQuaid, Ph.D.
- 02/11 – 05/11** **Stanford Department of Behavioral Sciences – Center for Stress and Health, “Mosaic Study”, Palo Alto, CA**
Supplemental Practicum Student
- Observe Principal Investigator provide Brief Behavioral Therapy for Insomnia (BBT-I) to patients with breast cancer at the Stanford Cancer Center.
 - Study manual in order to become a trained therapist for this study.
 - Supervisor: Oxana Palesh, Ph.D., M.P.H.
- 07/10 – 06/11** **VA Palo Alto HCS, Livermore Division – Polytrauma Network Site, Livermore, CA**
Graduate Practicum Student
- Conduct clinical intake interviews and write up corresponding notes.
 - Administer neuropsychological assessments (Geriatric battery, RBANS, WAIS-IV, WMS-IV, CVLT-II, DKEFS Verbal Fluency and Color-Word Interference, MMPI-2, WRAT-4, WTAR, Shipley Vocabulary, Reitan Trails A & B, TOMM, and CPT-II) to individuals with PTSD, traumatic brain injury (TBI), and/or dementia.
 - Score and interpret assessments.
 - Write integrative neuropsychological reports (35 completed as of 05/11).
 - Perform individual therapy using cognitive-behavioral approaches primarily for cognitive complaints, depression, and anger management.
 - Work within an interdisciplinary team of medical professionals.
 - Supervisor: Daniel Chatel, Ph.D.

- 10/10 – 06/11** **Stanford Department of Psychiatry and Behavioral Sciences –
Division of Child and Adolescent Psychiatry, “Autism Speaks Study”**
Palo Alto, CA
Supplemental Practicum Student
- Part-time, paid position for a study looking at the effectiveness of Pivotal Response Treatment (PRT) as a behavioral intervention for parents of children on the autism spectrum.
 - Co-lead three, 10-week psychoeducation groups for parents of children with autism spectrum disorders.
 - Supervisor: Jennifer Phillips, Ph.D.
- 10/10 – 12/10** **VA Palo Alto HCS, Menlo Park Division – Men’s Trauma Recovery Program,** Menlo Park, CA
- Conduct weekly supervised individual therapy.
 - Provide short-term cognitive-behavioral therapy, including psychoeducation and exposure exercises, for panic and Generalized Anxiety Disorder.
 - Provide psychoeducation around alcohol use and relapse prevention.
 - Receive supervision through direct observation of therapy sessions.
 - Participate in weekly supervision meetings and write notes.
 - Supervisors: Dorene Loew, Ph.D., & Marcel Bonn-Miller, Ph.D.
- 01/08 – 05/08** **Kings County Hospital Forensic Psychiatry, Queens/Brooklyn, NY**
Psychology Intern
- Observed and interviewed criminal defendants, and administered psychological measures (RBANS, TOMM, Mini-Mental, Cognistat) to defendants to test for intelligence, cognitive functioning, memory and malingering.
 - Wrote competency evaluations for criminal defendants.
 - Observed expert witness testimony in Court.
 - Supervisor: Alan Perry, Ph.D.
- 08/06 – 07/07** **National AIDS Fund AmeriCorps and Our Place DC, Washington, DC**
HIV/AIDS Case Manager & Educator
- Facilitated 3-day HIV/AIDS and STD prevention education courses to women in federal prisons around the Washington DC area.
 - Provided HIV/AIDS and harm reduction psychoeducation to incarcerated women in DC jails, halfway houses, and at the ‘Our Place’ drop-in center.
 - Organized community HIV testing and outreach events with the DC Department of Health.
 - Wrote HIV-related articles for the organization’s newsletter.
 - Organized the Third Annual *Fashionably Aware* fashion show for HIV/AIDS awareness, which raised \$8,000 for the Washington AIDS Partnership.
 - Enrolled clients in housing and drug treatment programs.
 - Trained and previously certified in Rapid HIV Testing and Counseling.

- 03/05 – 08/05** **Walnut Avenue Women’s Center, Santa Cruz, CA**
Certified Domestic Violence (DV) Advocate
- Lead support groups for female survivors of domestic violence.
 - Conducted individual support sessions with women dealing with a domestic violence relationship.
 - Served as an advocate for women in Court.
 - Assisted callers on the 24-hour domestic violence emergency hotline.
- 12/04 – 06/05** **Inside Out Writing Project, Santa Cruz, CA**
Workshop Facilitator Intern
- The Inside Out Writing Project (IOWP) is a group working through the Women’s Center at University of California, Santa Cruz.
 - Produced and facilitated creative writing and art workshops for women in the Santa Cruz County jail.
- 01/02 – 05/02** **Jefferson School, Honolulu, HI**
Student Volunteer
- Taught and assisted severely handicapped children, ages 6-12, in school.
 - Helped to reintegrate a severely handicapped girl into a “regular” student classroom.

CLINICAL TRAININGS AND WORKSHOPS ATTENDED

- 02/2011** **Working with Families Using Evidence-Based Principles: An overview**
 San Jose, CA
 Six hour training on evidence-based core principles used with families and children.
Facilitator: Pamela Parkinson, Ph.D., LCSW
- 04/2010** **CAPS Assessment Training**
 Menlo Park, CA
 One session workshop for the practical application and administration of CAPS.
Facilitator: Rachel Kimerling, Ph.D.
- 03/2010** **Acceptance and Commitment Therapy (ACT).**
 Palo Alto, CA
 Two-day theoretical and practical training workshop for ACT.
Facilitator: Robyn D. Walser, Ph.D.

RESEARCH ACTIVITIES

- 06/11 – Present** **Stanford Department of Behavioral Sciences, Division of Child and Adolescent Psychiatry, and East Palo Alto Academy (EPAA) High School – “Brain Drive Education”, Palo Alto, CA**
Research Assistant

- This study will investigate the Brain Driver Education (BDE) curriculum for emotional self-regulation within an adolescent sample.
- Assist with all aspects of the project, including IRB preparation, questionnaire development, assistance with the Professional Development workshop for teachers, data collection, data analysis and dissemination of results.
- Supervisor: Shashank V. Joshi, M.D., FAAP

10/09 – Present

VA Palo Alto, Substance Abuse and Anxiety Program (SAAP), Menlo Park, CA

Research Assistant for PTSD and Marijuana Use Study

- This is a 3-year study funded by VA Clinical Science Research and Development (CSR&D), which investigates the impact of PTSD on marijuana cessation. Specifically, the study aims to evaluate the extent to which PTSD impairs successful marijuana cessation among marijuana dependent veterans.
- Obtain informed consent and conduct the Structured Clinical Interview for DSM-IV (SCID), the Clinician-Administered PTSD Scale (CAPS) and score the interview data.
- Maintain study database.
- Conduct literature reviews and write abstracts for poster presentations and publications.
- Supervisor: Marcel O. Bonn-Miller, Ph.D.

04/10 – Present

VA Palo Alto, Substance Abuse and Anxiety Program (SAAP), Menlo Park, CA

Research Assistant for HIV Medication and Marijuana Use Study

- This is a 2-year study funded by the California HIV/AIDS Research Program investigating the impact of marijuana use on HIV medication adherence.
- Administer the Structured Clinical Interview for DSM-IV (SCID) and score the response data.
- Recruit participants for this study.
- Supervisor: Marcel O. Bonn-Miller, Ph.D.

08/08 – 07/09

New York State Office of Mental Health and New York State Psychiatric Institute – Division of Mental Health Services & Policy Research, New York, NY

Assistant Research Scientist

- Worked with Assertive Community Treatment (ACT) teams throughout New York State to implement and evaluate a new model of ACT.
- Ran focus groups with clinicians and consumers, collected data and performed qualitative coding on the current system and ACT model.
- Performed and wrote reports on fidelity assessments of ACT teams.
- Collaborated with the project team to develop a training package with materials for consumers and staff that helped with the dissemination of the step down program.

- Conducted phone interviews and collected evaluation data from ACT teams nationwide.
- Assisted with tasks related to the program, such as the scheduling of meetings, entering of data into the study database, and sending of correspondence.
- Supervisor: Jennifer Manuel, Ph.D.

09/07 – 09/08

Teachers College, Columbia University, New York, NY
Graduate Research Assistant

- Recruited subjects, coded facial expressions, and ran subject experiments aimed at understanding differences between complicated grief, recovery, and resilience and the variables predicting these patterns after bereavement of a spouse.
- Coded data and maintained the study database.
- Completed 100-hour training and passed test to become certified in the Ekman Facial Action Coding System (FACS) for emotion research.
- Supervisor: George Bonnano, Ph.D.

01/06 – 06/06

University of California, Santa Cruz, Santa Cruz, CA
Advanced Research Assistant

- Transcribed conversations between same-sex adolescent friends to investigate how they told stories about romantic relationships during casual conversations.
- Paid specific attention to linguistic detail, overlapping speech, and paralinguistic devices.
- Supervisor: Avril Thorne, Ph.D. and Neill Korobov, Ph.D.

CONFERENCE ACTIVITY

5. **Reber, C. A. S.,** Boden, M. T., Alvarez, J., McLean, C., Gross, J. J., & Bonn-Miller, M. O. (2011, November). Mindfulness skills and use of emotion regulation strategies among veterans in PTSD treatment. Poster accepted for presentation at the 27th Annual ISTSS Meeting in Baltimore, MD.
4. Mitragotri, N., Bucossi, M. M., Medina, J. L., **Reber, C. A. S.,** Trafton, J. A., Oser, M. L., & Bonn-Miller, M. O. (2011, November). The relation between marijuana use and HIV: Treatment adherence, symptoms, and psychological vulnerability. In A. C. McLeish (Chair), Understanding substance use among medically vulnerable populations. Paper accepted for presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.
3. **Reber, C. A. S.,** Alvarez, J., Mclean, C., Perry, A. R., Makin-Byrd, K., & Bonn-Miller, M. O. (2011, April). A prospective investigation of the impact of childhood abuse on PTSD symptoms. Poster presented at the 91st annual Western Psychological Association convention, Los Angeles, CA.

2. Medina, J. L., **Reber, C. A. S.**, Bonn-Miller, M. O., & Zvolensky, M. J. (2010, June). The association between marijuana use and mindfulness. Poster presented at the 6th annual World Congress of Behavioral and Cognitive Therapies convention, Boston, MA.
1. **Reber, C. A. S.**, Medina, J. L., Vujanovic, A. A., Marshall, E. C., Bonn-Miller, M. O., & Zvolensky, M. J. (2010, June). PTSD symptoms and marijuana use motives among trauma exposed marijuana users. Poster presented at the 6th annual World Congress of Behavioral and Cognitive Therapies convention, Boston, MA.

EDITORIAL, REVIEWING, AND RELATED ACTIVITY

Ad Hoc Review Activities: Journals

Addictive Behaviors (2011)

The American Journal of Drug and Alcohol Abuse (2011)

TEACHING EXPERIENCE

- | | |
|----------------------|---|
| 01/11 – 03/11 | <p>Graduate Teaching Assistant</p> <ul style="list-style-type: none"> • History and Systems (graduate-level course) • PGSP-Stanford Psy.D. Consortium – Palo Alto, CA • Critique and grade paper assignments each week for 30 students. • <u>Course Instructor:</u> James Breckenridge, Ph.D. |
| 01/06 – 03/06 | <p>Undergraduate Teaching Assistant</p> <ul style="list-style-type: none"> • Introduction to Psychology (undergraduate-level course) • Department of Psychology, University of California – Santa Cruz, Santa Cruz, CA • Provided instruction to 20 students in section, graded homework assignments and exams. Assisted with exam preparation and proctoring. • <u>Course Instructor:</u> Maureen Callanan, Ph.D. |
| 09/03 – 12/03 | <p>Community Center Education Tutor
Santa Cruz, CA</p> <ul style="list-style-type: none"> • After-school mentor and tutor for “at risk” Hispanic youth (ages 5-14). • Accompanied children from their homes to the community center and interacted with families about their child’s progress. • Served as a homework tutor and facilitated weekly recreational activities for the children. |

INVITED TALKS AND TRAINING WORKSHOPS

Reber, C. A. S. (2009, December). *Overview of the Graduate Record Examination*. Invited talk given to The Substance Abuse and Anxiety Program, VA Palo Alto, Menlo Park, California.